Proverbs 7:1 from the Amp Bible says, MY SON, keep my words; lay up within you my commandments [for use when needed] and treasure them.

• Our lives respond to certain triggers that put us into a consciousness of faith or fear.

Is Your Life Storm-Proof?

• Being able to live through every storm depends on the strength of our foundation.

In Matthew 7: 24-27 (*Message New Testament*), Jesus reveals to us that the only way we can face the storms of life is with a strong foundation. He said, "These words I speak to you are not incidental (or un- important) additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on. If you work these words into your life, you are like a smart carpenter who built his house on solid rock. Rain poured down, the river flooded, a tornado hit—but nothing moved that house. It was fixed to the rock.

• The life we build is the life we live.

Verse, 26, "But if you just use my words in Bible studies and don't work them into your life, you are like a stupid carpenter who built his house on the sandy beach. When a storm rolled in and the waves came up, it collapsed like a house of cards."

- The quality of our foundation depends on how we use information we're exposed to in life.
- What's the use in having information if we don't do anything with it?

James 1:22 from the (TMNT) says, Don't fool yourself into thinking that you are a listener when you are anything but, letting the Word go in one ear and out the other. Act on what you hear! Those who hear and don't act are like those who glance in the mirror, walk away, and two minutes later have no idea who they are, what they look like. **25** But whoever catches a glimpse of the revealed counsel of God—the free life!—even out of the corner of his eye, and sticks with it, is no distracted scatterbrain but a man or woman of action. That person will find delight and affirmation in the action.

• Having clarity is a first step for learning.

There's a big difference between hearing and listening; The first step for learning is having a clear understanding of a subject.

- Hearing without clarity means we only become aware of something.
- listening and understanding information can be used to build our life around.

When our life is built on the foundation of the Word of God, we can survive every kind of storm without falling apart. **Proverbs 24:10 (The Message)** If you fall to pieces in a crisis, there wasn't much to you in the first place.

The Living Bible put it this way: You are a poor specimen *(or example)* if you can't stand the pressure of adversity.

A Storm is defined as: a violent disturbance or upheaval, a sudden attack on a secure position.

Notice: Matthew 7 says that Storms come to everyone. No one is exempt from having a life crisis.

Job 5:6, 7 (New International Version) says, For hardship does not spring from the soil, nor does trouble sprout from the ground. : 7 Yet man is born to trouble as surely as sparks fly upward. Jesus put it this way in John 16:33 (New International Version) "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." We are never to deny the existence of our troubles; we can only deny them the right to control our belief system.

The Storms of Life impact us in different ways – through:

- Relationships
- Finances
- And Physical Health

Why Do Storms Come?

Storms come because we live in an imperfect world.

Romans 8:20 from the New International Version of the Bible says, For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope. **21**That the creation itself will be liberated from its bondage to decay and brought into the glorious freedom of the children of God. **22**.We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. **23**. Not only so, but we ourselves, who have the first fruits of the Spirit, (being born again) groan inwardly as we wait eagerly for our *adoption as sons, the redemption of our bodies.*

We've dealt with viruses from the beginning of time since Adam and Eve's sin put humanity in a state of pain and suffering. At that time, the only cure for this sin (virus) was God's redemptive plan that was introduced through the sacrificial blood of Jesus Christ.

Some Storms come because we live under constant spiritual attack from the enemy. 1 Peter 4:12 from the Living Bible says, Dear friends, don't be bewildered or surprised when you go through the fiery trials ahead, for this is no strange, unusual thing that is going to happen to you.

• We Should Never Be Surprised When Things Don't Go Right. **1** Peter 5:8 from the Living Bible. Be careful—watch out for attacks from Satan, your great enemy. He prowls around like a hungry, roaring lion, looking for some victim to tear apart. **9:** Stand firm when he attacks. Trust the Lord; and remember that other Christians all around the world are going through these sufferings too.

Is Your Life Storm-Proof?