



Speak the Word Church  
International  
Women's Bible Study  
July 10th 2020 6:30-8:00pm  
Online

# Refresh, Revive & Renew Part 2



## Agenda 6:30-8:00pm

\*Women who have preregistered should attend the online meeting and respond to the invitation that you had received after registration to log into the Bible Study through Zoom.

## GOALS & KEY CONCEPTS:

- To understand God's concept for His Sabbath rest.
- To explore, acknowledge and accept where you need to be refreshed, revived and renewed in your life.
- To understand the healing power of God's Word when we apply it to our daily lives.
- To know that you can live a restored life in a relationship with Jesus.

## ICEBREAKER

- Why does this topic relate to you as a woman?
- What areas of your life need to be refreshed, revived and renewed?



## A. DEFINITIONS:

- **REFRESH:** 1. To restore strength and animation. 2. To freshen, to update.  
3. Repair and restore.
- **REVIVE:** 1. To return to consciousness or life; become active or flourishing again. 2. To restore from a depressed, inactive, or unused state: bring back.  
3. To renew in the mind or memory.
- **RENEW:** 1. To make new spiritually. 2. To make extensive changes. 3. To repeat or resume.

## B. "REVIVE ME ACCORDING TO YOUR WORD".

The Psalmist King David wrote about being revived. It appears there is an area of his life where he identifies how he needs to be revived. The term "revive" is used 9 times in this scripture to indicate that he needed the Lord's help continually about an issue.

Psalm 119:25

**"MY SOUL CLINGS TO THE DUST; REVIVE ME ACCORDING TO YOUR WORD".**

 Read Psalm 119:1-25

Blessed are the undefiled in the way, who walk in the law of the Lord! 2 Blessed are those who keep His testimonies, who seek Him with the whole heart! 3 They also do no iniquity; They walk in His ways. 4 You have commanded us to keep Your precepts diligently. 5 Oh, that my ways were directed to keep Your statutes! 6 Then I would not be ashamed, when I look into all Your commandments. 7 I will praise You with uprightness of heart when I learn Your righteous judgments. 8 I will keep Your statutes; Oh, do not forsake me utterly!

9 How can a young man cleanse his way? By taking heed according to Your word. 10 With my whole heart I have sought You; Oh, let me not wander from Your commandments! 11 Your word I have hidden in my heart, That I might not sin against You. 12 Blessed are You, O Lord! Teach me Your statutes. 13 With my lips I have declared all the judgments of Your mouth. 14 I have rejoiced in the way of Your testimonies, As much as in all riches. 15 I will meditate on Your precepts, and contemplate Your ways. 16 I will delight myself in Your statutes; I will not forget Your word. 17 Deal bountifully with Your servant, That I may live and keep Your word. 18 Open my eyes, that I may see wondrous things from Your law. 19 I am a stranger in the earth; do not hide Your commandments from me. 20 My soul breaks with longing for Your judgments at all times. 21 You rebuke the proud—the cursed, who stray from Your commandments. 22 Remove from me reproach and contempt, for I have kept Your testimonies. 23 Princes also sit and speak against me, but Your servant meditates on Your statutes.

24 Your testimonies also are my delight and my counselors.

**25 My soul clings to the dust; Revive me according to Your word.**

## B1. Questions of Reflection & Discussion [Group Chat & Feedback]

- What is the commonality that David refers to when he expresses himself through these verses?
- What does he mean when he says “my soul lies in the dust”?
- How do you apply the Word of God to your life? What does this look like for a woman of God?
- Supporting scriptures:

### John 1:1-5

In the beginning was the Word, and the Word was with God, and the Word was God. <sup>2</sup> He was with God in the beginning. <sup>3</sup> Through him all things were made; without him nothing was made that has been made. <sup>4</sup> In him was life, and that life was the light of all mankind. <sup>5</sup> The light shines in the darkness, and the darkness has not overcome it.

### Hebrews 4:12-13

<sup>12</sup> For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. <sup>13</sup> Nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.

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## C. WOMEN & REVIVING SCRIPTURES

- ✚ How are you revived as a woman?
- ✚ Who around you needs to be revived? What relationships are impacting your sense of revival?
- ✚ What impact does revival have upon you and your overall life? How does life change for you?

### C1. Elijah and the Widow at Zarephath

#### 1 Kings 17:1-24

##### *Elijah Announces a Great Drought*

**17** Now Elijah the Tishbite, from Tishbe<sup>[a]</sup> in Gilead, said to Ahab, “As the Lord, the God of Israel, lives, whom I serve, there will be neither dew nor rain in the next few years except at my word.”

### *Elijah Fed by Ravens*

<sup>2</sup> Then the word of the Lord came to Elijah: <sup>3</sup> "Leave here, turn eastward and hide in the Kerith Ravine, east of the Jordan. <sup>4</sup> You will drink from the brook, and I have directed the ravens to supply you with food there."

<sup>5</sup> So he did what the Lord had told him. He went to the Kerith Ravine, east of the Jordan, and stayed there. <sup>6</sup> The ravens brought him bread and meat in the morning and bread and meat in the evening, and he drank from the brook.

### *Elijah and the Widow at Zarephath*

<sup>7</sup> Some time later the brook dried up because there had been no rain in the land. <sup>8</sup> Then the word of the Lord came to him: <sup>9</sup> "Go at once to Zarephath in the region of Sidon and stay there. I have directed a widow there to supply you with food." <sup>10</sup> So he went to Zarephath. When he came to the town gate, a widow was there gathering sticks. He called to her and asked, "Would you bring me a little water in a jar so I may have a drink?" <sup>11</sup> As she was going to get it, he called, "And bring me, please, a piece of bread."

<sup>12</sup> "As surely as the Lord your God lives," she replied, "I don't have any bread—only a handful of flour in a jar and a little olive oil in a jug. I am gathering a few sticks to take home and make a meal for myself and my son, that we may eat it—and die."

<sup>13</sup> Elijah said to her, "Don't be afraid. Go home and do as you have said. But first make a small loaf of bread for me from what you have and bring it to me, and then make something for yourself and your son. <sup>14</sup> For this is what the Lord, the God of Israel, says: 'The jar of flour will not be used up and the jug of oil will not run dry until the day the Lord sends rain on the land.'"

<sup>15</sup> She went away and did as Elijah had told her. So there was food every day for Elijah and for the woman and her family. <sup>16</sup> For the jar of flour was not used up and the jug of oil did not run dry, in keeping with the word of the Lord spoken by Elijah.

<sup>17</sup> Some time later the son of the woman who owned the house became ill. He grew worse and worse, and finally stopped breathing. <sup>18</sup> She said to Elijah, "What do you have against me, man of God? Did you come to remind me of my sin and kill my son?"

<sup>19</sup> "Give me your son," Elijah replied. He took him from her arms, carried him to the upper room where he was staying, and laid him on his bed. <sup>20</sup> Then he cried out to the Lord, "Lord my God, have you brought tragedy even on this widow I am staying with, by causing her son to die?" <sup>21</sup> Then he stretched himself out on the boy three times and cried out to the Lord, "Lord my God, let this boy's life return to him!"

<sup>22</sup> The Lord heard Elijah's cry, and the boy's life returned to him, and he lived. <sup>23</sup> Elijah picked up the child and carried him down from the room into the house. He gave him to his mother and said, "Look, your son is alive!"

<sup>24</sup> Then the woman said to Elijah, "Now I know that you are a man of God and that the word of the Lord from your mouth is the truth."

## C1. Questions of Reflection & Discussion [Group Chat & Feedback]

- How did the Word impact Elijah and the relationship with this woman?
- List some potential issues that this widow had that impacted her in terms of revival?
- What was her impression of God compared to her impression of Elijah? How did this concept coincide for her? What was her perspective?

## C2. Mary and Jesus at the Tomb John 20:1-18

**20** Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. **2** So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, “They have taken the Lord out of the tomb, and we don’t know where they have put him!”

**3** So Peter and the other disciple started for the tomb. **4** Both were running, but the other disciple outran Peter and reached the tomb first. **5** He bent over and looked in at the strips of linen lying there but did not go in. **6** Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, **7** as well as the cloth that had been wrapped around Jesus’ head. The cloth was still lying in its place, separate from the linen. **8** Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed. **9** (They still did not understand from Scripture that Jesus had to rise from the dead.) **10** Then the disciples went back to where they were staying.

### *Jesus Appears to Mary Magdalene*

**11** Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb **12** and saw two angels in white, seated where Jesus’ body had been, one at the head and the other at the foot.

**13** They asked her, “Woman, why are you crying?”

“They have taken my Lord away,” she said, “and I don’t know where they have put him.” **14** At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus.

**15** He asked her, “Woman, why are you crying? Who is it you are looking for?”

Thinking he was the gardener, she said, “Sir, if you have carried him away, tell me where you have put him, and I will get him.”

**16** Jesus said to her, “Mary.”

She turned toward him and cried out in Aramaic, “Rabboni!” (which means “Teacher”).

**17** Jesus said, “Do not hold on to me, for I have not yet ascended to the Father. Go instead to my brothers and tell them, ‘I am ascending to my Father and your Father, to my God and your God.’”

**18** Mary Magdalene went to the disciples with the news: “I have seen the Lord!” And she told them that he had said these things to her.



## C2. Questions of Reflection & Discussion [Group Chat & Feedback]

- What impact did Jesus (The Living Word) have upon Mary at the Tomb?
- What does this mean “*Woman, why are you crying? Who is it your looking for*” as it relates to women being revived in our lives?
- Who was around her in terms of relationships that supported her concept of revival vs. not?
- Why do you think a woman had the experience of going to the tomb first and seeing the stone removed from the entrance?

## C3. The Revival of Tabitha

### Acts 9:32-43

<sup>32</sup> As Peter traveled about the country, he went to visit the Lord’s people who lived in Lydda. <sup>33</sup> There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years. <sup>34</sup> “Aeneas,” Peter said to him, “Jesus Christ heals you. Get up and roll up your mat.” Immediately Aeneas got up. <sup>35</sup> All those who lived in Lydda and Sharon saw him and turned to the Lord.

<sup>36</sup> In Joppa there was a disciple named Tabitha (in Greek her name is Dorcas); she was always doing good and helping the poor. <sup>37</sup> About that time she became sick and died, and her body was washed and placed in an upstairs room. <sup>38</sup> Lydda was near Joppa; so when the disciples heard that Peter was in Lydda, they sent two men to him and urged him, “Please come at once!”

<sup>39</sup> Peter went with them, and when he arrived he was taken upstairs to the room. All the widows stood around him, crying and showing him the robes and other clothing that Dorcas had made while she was still with them.

<sup>40</sup> Peter sent them all out of the room; then he got down on his knees and prayed. Turning toward the dead woman, he said, “Tabitha, get up.” She opened her eyes, and seeing Peter she sat up. <sup>41</sup> He took her by the hand and helped her to her feet. Then he called for the believers, especially the widows, and presented her to them alive. <sup>42</sup> This became known all over Joppa, and many people believed in the Lord. <sup>43</sup> Peter stayed in Joppa for some time with a tanner named Simon.

### **C3. Questions of Reflection & Discussion [Group Chat & Feedback]**

- What happened to Tabitha? How can you be doing something good for others such as the work of the Lord and you end up with the problem? What exchange took place here? What does this say about the type of ministry and work that you do?
  
- What impact did the Word have upon Tabitha's life and who spoke the Word to her? In what manner was the Word of God spoken to her and others in the content of the text?
  
- Who was around her in terms of the relationships that supported her personal revival?
  
- What impact did these event have the city of Joppa?

### **FINAL NOTES:**